

# Arizona State University

## Study Abroad in New Zealand: Adventures in Culture, Health and Environment

**2009 draft itinerary**  
**New Zealand: May 22-June 14, 2009 (NZ)**  
**Fiji option: June 15-22 (Fiji)**

*Pre-departure: One day intercultural workshop*

Leave U.S. on Friday May 22nd (cross dateline, lose a day)

Day 1: Christchurch (24th May)

Group flight arrives in Christchurch

Time for settling in, phone calls, exchanging money, etc

Scavenger hunt

Orientation

Group dinner

Accommodation: Camelot Cathedral Square



Day 2: Christchurch

Lecture: Colonization and History of NZ (Maori and Pakeha settlement and the treaty, etc) Jenny Wills (1 hr)

Lecture: Indigenous health and health disparities (Maori): chronic diseases (1 hr)

Lecture: Indigenous health and health disparities (Maori): infectious disease (1 hr)

Lecture: ecological change in NZ/ environmental issues in NZ (1 hr)

Free Afternoon to work on module (visit city and Canterbury museum)

6:30 pm - 9:30 pm Tamaki Heritage Experience Christchurch. Maori cultural show and group dinner

Accommodation: Another night at Camelot Cathedral Square

Day 3: Christchurch

Free day to work on modules



Day 4: Christchurch to Kaikoura

Lecture: NZ and US health care systems (1 hr)

Lecture: Environmental Justice Jamie Pierce (1 hr)

Lecture: food miles/ sustainable agriculture (1 hr)

1:00 pm – 4:00 pm. Travel to Kaikoura

Group dinner: Fish and chips

Accommodation: Alpine Pacific



Day 5: Kaikoura

9:00 am - 4:00 pm. Full day on traditional Maori health and healing.

Accommodation: Another night at Alpine Pacific

Day 6: Kaikoura

9 am Dolphin swim (or seal colony walk if weather is bad)

1-6 pm Time to work on modules and optional seal colony walk

6:30 pm - 7:30 pm Group dinner followed by group discussion

Accommodation: Another night at Alpine Pacific



Day 7: Kaikoura to Blenheim/Picton

7:30 am – 9:30 pm Travel to Blenheim

10:00-12 am Visit Blenheim Market if open

12:00-6:00 pm Winery and niche agricultural industry tour (lunch supplied)

Accommodation: TBA

Day 8: Blenheim

8:30-11:00 Ethnohydrology & food miles training, group discussion

12:00-5:00 pm Sea kayaking and aquaculture activities

Accommodation: TBA



Day 9: Blenheim to Wellington

All meals are on your own today.

8:00 am. Travel by coach to Picton, Ferry Crossing to North Island

12-6 pm: Time for ethnohydrology interviews and to work on modules

Accommodation: YHA Wellington

Day 10: Wellington

9:00 am – 5:00 pm. Time for ethnohydrology interviews and to work on modules; self visit to Te Papa

Accommodation: Another night at YHA Wellington



Day 11: Wellington to Piopio

8:00 am. Depart Wellington for Piopio

1:00 pm - 2:00 pm. Flat hills restaurant, Group lunch

2:30-8 pm. In farmstays, work on farm stay activities

Accommodation: Piopio Farmstays, Phone:07 877 8661 (meals provided)

Day 12: Piopio

All meals are provided by your homestay today.

9:00am -6 pm Activity in homestays – food module and ethnohydrology interviews

Accommodation: Another night at Piopio Farmstays



Day 13: Piopio

All meals are provided by your homestay today.

9:00am -6 pm Activity in homestays – food module and ethnohydrology interviews

Accommodation: Another night at Piopio Farmstays

Day 14: Piopio to Rotorua

Dinner, afternoon tea and breakfast are provided today.

8:30 am: Depart Piopio for Rotorua

?10:00 am. Visit Wai-o-tapu thermal area

1:00-3:30 Rotorua Museum and High Tea at the Blue Baths

6:00 pm - 9:00 pm. Group dinner followed by group discussion



Accommodation: Kiwi Paka YHA, 60 Tarewa Rd, Rotorua, Phone: 07 347 0931

Day 15: Rotorua

9:00-4:00 Schuster Weaving and Poi Workshop  
(in two groups, each group has a clear half day)

12:30 pm Lunch on your own

6:30 pm - 8:30 pm

6:00 pm - 9:00 pm. Kiwi Paka Dinner and group discussion

Accommodation: Another night at Kiwi Paka YHA



Day 16: Rotorua to Hamilton

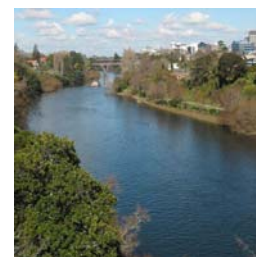
8:30 am. Depart for Lake Taupo/Huka Falls

9:00 am - 11:00 am. NZ Riverjet experience (Introduction to the Waikato River)

12:00 pm. Lunch on your own in Taupo

1:00 pm. Travel to Hamilton via Wairakei

Accommodation: Hamilton TBA



Day 17: Hamilton to Auckland

9:00-10:00 Waikato Museum

10:00-12:00. Lecture by Environment Waikato on river management/ river stakeholder (2 hrs incl discussion)

1:00-4:00 Travel to Auckland; tour of Huntly power plant or Fronterra factory en route.

Accommodation: Formule 1 Auckland

Day 18: Auckland

All meals are on your own today.

Free Day to work on modules

Accommodation: Another night at Formule 1 Auckland



Day 19: Auckland

All meals are on your own today.

Free Day to work on modules

Accommodation: Another night at Formule 1 Auckland

Day 20: Auckland

8:30 am – 4:30 pm. Group training and discussion, "Walkability" and environmental justice module

7:30-9:30 pm. Movie: Once Were Warriors

Accommodation: Another night at Formule 1 Auckland



Day 21: Auckland

10:00-12:00 Mercure Hotel conference room

Lecture: Pacific island immigration and experiences in Auckland (1 hr)

Lecture: Pacific Island health research, political ecology of Pacific Island health. Julie Park (1 hr)

1:00-3:30 Lecture: Ethnomedicine and health in Pacific Island societies Cluny MacPherson (1 hr)

Group discussion and evaluation (1.5 hr)

Accommodation: Another night at Formule 1



Day 22: Auckland (June 14)

8:30 am- 12:00: Time to work on Modules

12:00 pm: All coursework for NZ due

12:00-1:00. Tony's Restaurant, Farewell group dinner

**New Zealand program closes**

**New Zealand only students depart the program, group flight to the US**

Fiji students: podcasts: Food society, food, and culture.

Accommodation (Fiji-bound students only): Another night at Formule 1

**FIJI STUDENTS ONLY**

Day 23: Auckland to Nadi (June 15)

Arrive Nadi in the mid afternoon from Auckland

7:00- 8:00 Orientation at Aquarius

9:00-10:00 Aquarius group dinner – Fijian foods buffet and Fijian dancing

Accommodation: Aquarius



Day 24: Nadi

Group breakfast at Aquarius

9-10am Nadi town scavenger hunt (if time)

10-12am Depart on windshield tours (1.5 hours each group including going to hospital to look and out to sugar cane farms to say hi to farmers);

12-1 pm Group buffet lunch or similar available (staggered groups)

2:00-6:00 pm Depart for Suva

Group dinner at Raintree

Accommodation: Raintree



Day 25: Suva

8:00 Depart for USP

9:00 Lecture: Disease in Fiji (1 hr)

10:00 Lecture Indians in Fiji (1 hr)

11:00 Lecture: Traditional medicine in Fiji (and guided tour of botanic trail) (1.5 hrs)

12:30-1:00 Lunch at USP

2:00-5:00 Colo-i-Suva hike in the afternoon

Accommodation: Raintree



Day 26: Votua village

7:30 am: Depart for Votua very early morning

10:30-9 pm: Votua Village Activities including meke

Accommodation: Votua homestays

Day 27: Votua Village

7:00-7:00 pm Votua village activities

7:00 pm Depart for Nadi

Accommodation: Aquarius



Day 28: Nadi to Bounty Island

9:00-11:00 Group discussion

11:00 am Depart Nadi to Bounty

9:00-6 pm: Bounty Island activities and work on modules

Accommodation: Bounty

Day 29: Bounty to Nadi (June 21)

9:00am -4:00pm Work on modules

4 pm. Boat to Nadi

6:00 pm Transfer to Aquarius

6:00-8:00 Group dinner

Accommodation: Aquarius



Day 30: Nadi (June 22)

9:00-12:00 Final Presentations, modules due

12:00-1:00 group lunch

2:00-3:30 Program Evaluation

Depart for US, late evening